

Activity

- Set up an 'assault course' in the available space of a room and have the children (adults too if you like) go through it
- Here is the vocabulary to present and some ideas of obstacles which can be used, in any order of course:

Over the rocks – large cushions

Under the dragon's wings – small blanket laid of the floor

Round the tree – solid object to go round once, twice or any number of times without dizziness

Through the cave entrance – a large plastic hoop

Up the cliff – onto a soft chair or beanbag and *down* to the ground

Across the crocodile rive – scrunched up blanket

Resources

Obstacles such as cushions and 'arches', blankets, large hoops

OVER, UNDER, ROUND, THROUGH

EYFS Aspect:

Shape, Space and Measures

Taking this further

Place 'treasure' throughout the course and use positional/directional language to help the children locate it.

