

MEASURE ME

Activity

- This is an activity that can start at any age and continue to chart growth.
- Recording can be as elaborate, formal or simple as you like.
- However the information is to be used, make sure the child is involved throughout.
- Talk about what measurements are going to be taken and about growing in general
- Show the tape measure and explain how it is used
- Suggested measurements: height; arm length; head circumference; foot; hand span

Resources

Tape Measure

Record book (optional)

EYFS Aspect:

Shape, Space and Measures

Taking this further

Introduce vocabulary such as taller and shorter as you compare measurements across the family. If the adult is measured you can discuss 'growing up'.

