



M U L B E R R Y

YOGA

C A R D S

We have created some yoga
cards for people who do not
have a garden. We hope
enjoy them and stay safe and
healthy.

Lots of love from
The Mulberry House School.

Calm



Elephant



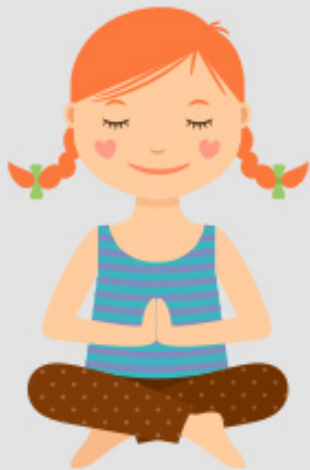
Empathy



Engaged



Focus



Honesty



Kind



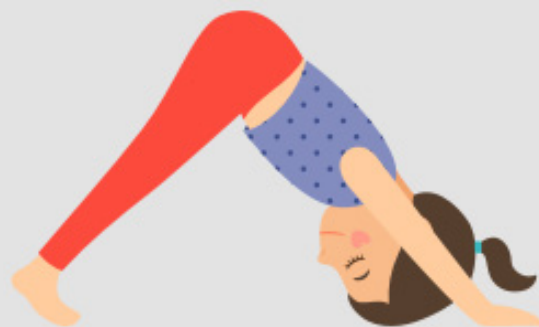
Macaque



Meerkat



Mindful



Penguin



Resilient



Thoughtful



Understanding



Waterbear

