

Ancient Greece

What did the Greek soldiers wear? A Greek soldier was called a hoplite. His uniform was a linen shirt with metal armour plates on the shoulders. A bronze breastplate covered his chest and stomach, and greaves (shin guards) covered his legs. On his head he wore a bronze helmet with a tall crest. He carried a shield, an iron-tipped spear, and a short sword for use in close combat. Can you create your own Greek soldier helmet?

Key vocabulary:

- Ancient Greece
- Greek
- Soldier
- Hoplite
- Metal armour
- Bronze breastplate
- Greaves (Shin guards)
- Bronze helmet
- Shield
- Spear
- Sword



Instructions:

1. Use the [template](#) of the soldier helmet to trace out onto a cardboard, then carefully cut around it.
2. Next, measure and cut the size of your head with the cardboard. Once you have, glue the strip onto the helmet template.
3. Then get a piece of paper and paint it red, after it is dried, measure the paper so that it fits from the front part of the helmet to the back.
4. After that, use the scissors to cut the paper like straps all around.
5. Lastly, glue on the paper from the front to the back of the helmet.

Tools and materials:

- Cardboard
- paper
- Scissors
- Glue
- Red and gold paint
- Adult supervision