



Autumn Term Menu 2021



WEEK ONE

Monday

African Sweet Potato Stew with Brown Rice and Green Beans

Chocolate Orange Cake

Tuesday

Cream of Leek and Fennel Soup

Roasted Celeriac Steaks with Creamy Herb Sauce, Brown Rice
and Steamed Vegetables Wednesday

Wednesday

Vegetable Lasagne with Salad

Fresh Fruit

Thursday

Baked Channa Masala Vada with Creamy Mild Potato Curry and
Wilted Garlic Greens

Fresh Fruit

Friday

Jackfruit Tacos with Salsa and Yoghurt Topping Served with
Quinoa

Baked Pears and Chocolate



WEEK TWO

Monday

Vegan 'Chicken' Nuggets with Tartare Sauce, Roasted Chips and
Peas

Fresh Fruit

Tuesday

Cauliflower Soup

Lentil Roast with Gravy and Mashed Potato with Steamed
Vegetables

Wednesday

Tomato Pasta Bake

Cherry and Lemon Bake

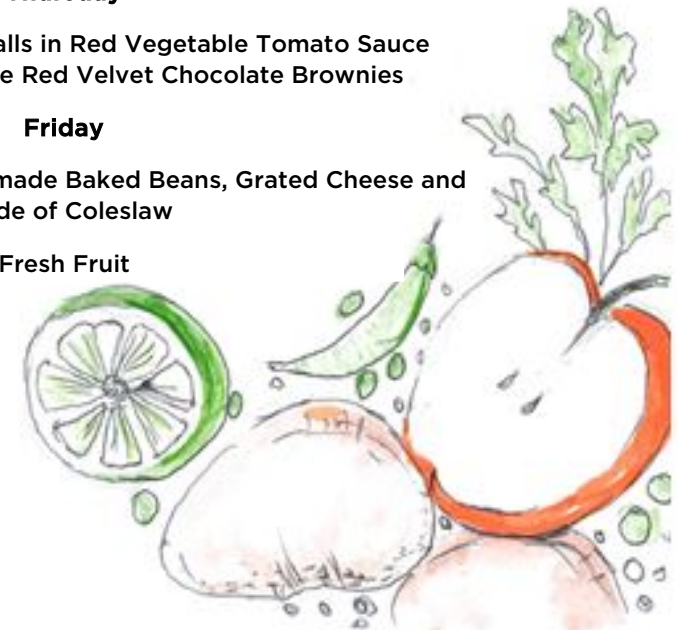
Thursday

Quinoa 'Meatless' Meatballs in Red Vegetable Tomato Sauce
Served with Brown Rice Red Velvet Chocolate Brownies

Friday

Baked Potatoes with Homemade Baked Beans, Grated Cheese and
a side of Coleslaw

Fresh Fruit



*All food is prepared dally by our experienced chefs. The school's
nutritionist works with us closely to ensure the children receive a
balanced nutritious meal.*