

# Spring Term Menu 2024

## Week 1

### Monday

Vegetable Korma with Rice

Allergy Advice: Dairy

Fruit Salad

Allergy Advice: Dairy

### Tuesday

Mixed Bean Cannelloni with Seasonal Vegetables

Allergy Advice: Dairy, Gluten

Stewed Apples with Ice Cream

Allergy Advice: Dairy

### Wednesday

Grilled Halloumi with Chickpea, Tomato and Courgette Couscous

Allergy Advice: Dairy, Gluten

Healthy Sticky Toffee Pudding

Allergy Advice: Dairy, Eggs

### Thursday

Tomato and Lentil soup

Allergy Advice: Celery

Mexican Burritos with Salad and Salsa

Allergy Advice: Gluten

### Friday

Red and Yellow Pepper Pizza with a Cherry Tomato Salad

Allergy Advice: Dairy, Gluten

Mixed Berry Yogurt

Allergy Advice: Dairy

## Week 2

### Monday

Linguine with Ricotta and Cherry Tomatoes and Mixed Salad

Allergy Advice: Dairy, Gluten

Pineapple Fruit Salad with Fromage Frais

Allergy Advice: Dairy

### Tuesday

Tomato Rice (Jollof Rice) with Steamed Cabbage and Spinach

Beetroot and Chocolate Cake

Allergy Advice: Dairy, Gluten

### Wednesday

Carrot and Coriander Soup

Root Vegetable and Lentil Bake with Spring Greens

Allergy Advice: Dairy, Gluten

### Thursday

Savoury Tacos with Corn, Avocado and a Mango Filling with a Cherry Tomato Salad

Allergy Advice: Gluten

Pear and Blueberry Crumble

Allergy Advice: Dairy

### Friday

Jacket Potato with Cheese, Beans and Salad

Allergy Advice: Dairy, Mustard

Mango & Passion Fruit Fool

Allergy Advice: Dairy