

Spring Term Snack Menu 2024

The Mulberry House School

	Morning Snack	Afternoon Snack
Monday	Savoury flapjack Allergen advice: Gluten, Eggs, Dairy Seasonal fruit selection Allergen advice: No major allergens	Chocolate black bean fudge cookies Allergen advice: Eggs, Dairy Selection of sandwiches; cream cheese, cucumber, houmous Allergen advice: Gluten, Dairy Seasonal fruit selection Allergen advice: No major allergens
Tuesday	Roasted red pepper hummus with vegetable sticks and oat cakes Allergen advice: Gluten Seasonal fruit selection Allergen advice: No major allergens	Blueberry muffins Allergen advice: Gluten, Eggs, Dairy Selection of sandwiches; cream cheese, cucumber, houmous Allergen advice: Gluten, Dairy Seasonal fruit selection Allergen advice: No major allergens
Wednesday	Brown rice sushi with vegetable filling Allergen advice: No major allergens Seasonal fruit selection Allergen advice: No major allergens	Chocolate courgette loaf/muffins Allergen advice: Gluten, Eggs, Dairy Selection of sandwiches; cream cheese, cucumber, houmous Allergen advice: : Gluten, Dairy Seasonal fruit selection Allergen advice: No major allergens
Thursday	Carrot and garlic dip with vegetable sticks and oatcakes Allergen advice: Gluten Seasonal fruit selection Allergen advice: No major allergens	Fruit sweetened flapjack Allergen advice: Gluten, Dairy Selection of sandwiches; cream cheese, cucumber, houmous Allergen advice: : Gluten, Dairy Seasonal fruit selection Allergen advice: No major allergens
Friday	Savoury vegetable and cheese muffins Allergen advice: Gluten, Dairy Seasonal fruit selection Allergen advice: No major allergens	Banana bread Allergen advice: Gluten, Eggs, Dairy Selection of sandwiches; cream cheese, cucumber, houmous Allergen advice: : Gluten, Dairy Seasonal fruit selection Allergen advice: No major allergens