

Autumn Term Menu 2025

Week 1

Monday Sweet and sour red lentil dahl with basmati rice and raita



Plum cobbler served with whipped cottage cheese



Tuesday Meatless shepherds pie



Sweet potato chocolate cake with fresh berries



Wednesday African sweet potato stew with brown rice

Pear compote with homemade granola and fresh yoghurt







Thursday Pumpkin Soup





Vegetable and lentil ragu on spaghetti







Friday Baked potato with homemade baked beans, cheese and coleslaw



Fresh fruit

Allergen Key

































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Week 2

Monday Vegetarian sausages and cheesy mash with gravy







Deconstructed chocolate tiramisu







Tuesday Vegetarian Poke bowls





Fresh fruit with desiccated coconut yoghurt





Wednesday Mediterranean tomato bruschetta



Spiral Pesto pasta





Thursday Woodland pie with smooth cauliflower mash







White chocolate cheesecake





Friday

Indian roti wraps served with zesty cucumber coriander salad









Indian jaggery Ginger cookies



Allergen Key































