



Spring Term Snack Menu 2026 The Mulberry House School



	Morning Snack	Afternoon Snack
Monday	Savoury flapjack Allergen advice: Gluten, Eggs, Milk Seasonal fruit selection Allergen advice: Sulphite	Chocolate black bean fudge cookies Allergen advice: Eggs, Milk Selection of sandwiches; cream cheese, cheddar cheese, cucumber, hummus, marmite Allergen advice: Gluten, Milk, Sulphite, Soya, Celery Seasonal fruit selection Allergen advice: Sulphites
Tuesday	Roasted red pepper hummus with vegetable sticks and oat cakes Allergen advice: Gluten, Suphite, Celery, oats Seasonal fruit selection Allergen advice: Sulphite	Blueberry muffins Allergen advice: Gluten, Eggs, Dairy Selection of wraps; cream cheese, cheddar cheese cucumber, hummus, marmite Allergen advice: Gluten, Dairy, Celery Seasonal fruit selection Allergen advice: Sulphite
Wednesday	Brown rice sushi with vegetable filling Allergen advice: Wheat, Soya Seasonal fruit selection Allergen advice: Sulphite	Chocolate courgette loaf/muffins Allergen advice: Gluten, Eggs, Milk Selection of sandwiches; cream cheese, cheddar cheese, cucumber, hummus, marmite Allergen advice: Gluten, Milk, Sulphite, Soya, Celery Seasonal fruit selection Allergen advice: Sulphites
Thursday	Carrot and garlic dip with vegetable sticks and oatcakes Allergen advice: Gluten, celery, oats Seasonal fruit selection Allergen advice: Sulphite	Fruit sweetened flapjack Allergen advice: Gluten, Milk Selection of wraps; cream cheese, cheddar cheese cucumber, hummus, marmite Allergen advice: : Gluten, Dairy, Soya, Celery Seasonal fruit selection Allergen advice: Sulphite
Friday	Savoury vegetable and cheese muffins Allergen advice: Gluten, Milk, Eggs Seasonal fruit selection Allergen advice: Sulphite	Banana bread Allergen advice: Gluten, Eggs, Milk Selection of sandwiches; cream cheese, cheddar cheese, cucumber, hummus, marmite Allergen advice: Gluten, Milk, Sulphite, Soya, Celery Seasonal fruit selection Allergen advice: Sulphites

